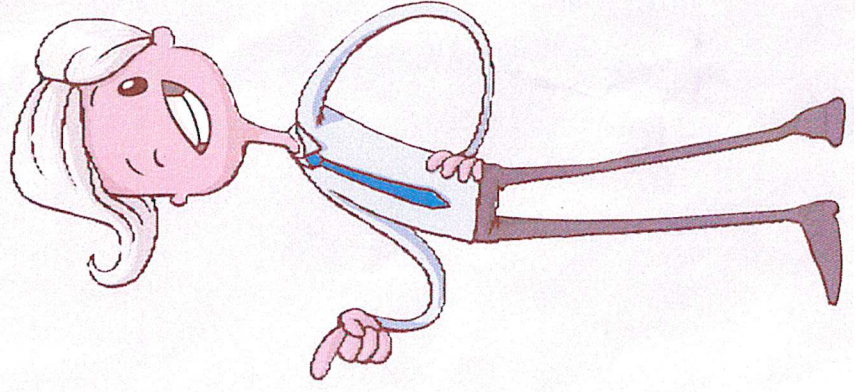


# school food

try something new today  
www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance



## GLASTRY CENTRAL KITCHEN (subject to alteration)

	Monday	Tuesday	Wednesday	Thursday	Happy Friday
WEEK 1 30/08/21 27/09/21 25/10/21 22/11/21 20/12/21	Steak Casserole Crusty Bread Fresh Diced Turnip Tossed Salads Mashed Potato  Ice Cream and Fruit	Oven Baked Breaded Chicken Goujons Garden Peas Selection of Salads Mashed Potato  Fresh Fruit Salad & Yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Medley of Fresh Vegetables  Carrot Cake & Custard	Roast Loin Pork, Stuffing and Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato Artic Roll & Milk	Salmon Fishcake Sweetcorn Crunchy Coleslaw Tossed Salad Chips Chilli Baby Boiled Potatoes Flakemeal Biscuit, & Melon Boat
WEEK 2 06/09/21 04/10/21 01/11/21 29/11/21	Spaghetti Bolognese Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots  Homemade Rice Pudding & Peaches	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Selection of Salads  Homemade Shortbread & Fruit Pot	Fresh Breaded Cod Goujons Baked Beans Tossed Salad Mashed Potato  Apple Crumble & Custard	Roast Beef, Stuffing & Gravy Diced Carrot & Parsnip Dry Roast Potato Mashed Potato  Melon Slice & Yoghurt	Breaded Chicken Goujons Selection of Salads Sweetcorn Chips  Jelly & Ice Cream with Fruit Salad
WEEK 3 13/09/21 11/10/21 08/11/21 06/12/21	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate & Orange Sponge & Custard	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato  Artic Roll Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green Beans Tossed Salad  Flakemeal Biscuit & Mandarin Orange	Roast Turkey, Stuffing & Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes Mashed Potato  Homemade Rice Pudding & Pears	Hotdog, Saute Onions Carrot & Cucumber Sticks Chips or Baby Boiled Potatoes  Raspberry ripple ice cream & Fresh Fruit Salad
WEEK 4 20/09/21 18/10/21 15/11/21 13/12/21	Fresh Breaded Cod Fillets Lemon Slice & Tartar Sauce Baked Beans Mashed Potato  Flakemeal Biscuit, Fruit & Milk	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn  Strawberry Mousse & Fresh Fruit Salad	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas  Lemon Sponge & Custard	Roast Beef, Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed Salad Pasta Salad Baked potato or Chips Artic Roll & Jelly & Fresh Fruit