

Multisensory learning



Visual methods use sight and can include pictures, films and highlighting.



Auditory methods use sound and can include songs, chants, podcasts, story books and films.



Tactile methods use touch and can include objects for counting, clay, models, finger paints and sand trays.



Kinaesthetic methods use body movement and can include clapping, jumping, dancing and racing. All tactile activities use kinaesthetic methods.

Useful contacts / web-sites / apps

Web-sites:-

<http://bdadyslexia.org.uk>

<http://www.dystalk.com/>

[http://
www.dyslexiaaction.org.uk/](http://www.dyslexiaaction.org.uk/)

[cw.routledge.com/
textbooks/9780415597562/
spelling1.asp](http://cw.routledge.com/textbooks/9780415597562/spelling1.asp)

Apps:-

Dyslexia Quest (Nessy)
School of Perception- Sockel
School of Perception 2- Sockel



Learning together,
building for the future

Guidance for Pupils/Young People on Specific Learning Difficulties (Dyslexia)



What is Dyslexia?

- Dyslexia isn't about intelligence.
- It is not an illness or disease.
- It is a condition you are born with.
- People with dyslexia learn in a way that is different to other children.

Did you know?

World famous actress Keira Knightley is dyslexic.

Some people with Dyslexia struggle with:



- Reading
- Writing
- Maths
- Telling the time
- Spelling
- Speech and language
- Remembering instructions
- Organisation
- Getting ideas down on paper



We all learn in different ways using different senses. Dyslexics may find some ways challenging but others easy. By understanding how you learn and get the right support you can succeed.

What are your superpowers?

Although having dyslexia means there are some things you find difficult, it is important to remember what you are good at. Find your strengths and use them!

Support at home and school.

What help you need depends on how you are affected by dyslexia. The different types of help are called strategies.

There are strategies for:

Reading
Writing
Maths
Spelling
Organisation

You will find strategies which suit you. It can be a small change that may make a big difference in how you learn.

Top Tips



I make up rhymes to help remember my maths.



I play look, cover and write with my teacher to help remember my spellings.

Staying Positive

It is ok to feel sad, angry or frustrated at times. Ask for help if you are finding something very challenging. Things may seem difficult but keep working hard and don't give up.

Talk to your friends, family and teachers about how you feel.

Celebrate your achievements and what you are proud of.